

As I lay in the mud

(Psalm 40:1-3)

As I lay in the mud, On the floor

Of the slimy pit

I waited patiently... How long is patience?

I wasn't patient when I fell in; I scrambled,

I shouted,

I struggled

And I cried;

But my best efforts only made me sink deeper... Until I was exhausted.

Then the rain passed, And the night came, And cold gripped my bones As I despaired.

Was that patience?

It wasn't gracious acceptance, Or faithful trust But cold, hard recognition That my position was hopeless. And I needed help.

As dawn came I heard you coming by, Singing a song of hope.

So I called

And you answered... by pulling me out.

Now I have a song of hope -And my song Is praise to you.